

# HOMEMADE DOG FOOD FROZEN VEGGIES

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## INGREDIENTS

- 6 lbs ground beef (or any other meat)
- 2-3 bags of frozen vegetables (mix + match: peas, green beans, spinach, carrot/cauliflower)
- 1 can (14 oz) pure pumpkin puree
- 3 tbsp olive oil
- 3 tbsp coconut oil
- Any supplement/vitamin you like

## DIRECTIONS

1. Cook the meat with 3 tbsp olive oil and drain the excess fat.
2. This step is optional but I like to grate the frozen vegetables in a food processor, so they're small and easily digestible for the pups.
3. In a large bowl, mix the meat, pumpkin puree, vegetables, 3 tbsp coconut oil and supplement.
4. Spoon into ziplock bags and freeze until ready to use. That's it!