

HOMEMADE DOG FOOD + FROZEN VEGGIES

WHERESTHEFRENCHIE.COM



INGREDIENTS

- 6 lbs ground beef (or any other meat)
- 1 cans (16 oz) kidney beans
- 1 cans (16 oz) black beans
- 3-4 bags of frozen vegetables (peas, green beans, spinach, carrot/cauliflower)
- 3 tbsp olive oil
- 3 tbsp coconut oil
- Any supplement/vitamin you like



DIRECTIONS

1. Cook the meat with 3 tbsp olive oil and drain the excess fat.
2. In a large bowl, mix the meat, beans (rinsed), vegetables (make sure to thaw a bit), 3 tbsp coconut oil and supplement.
3. Spoon into ziplock bags and freeze until ready to use. That's it!

Disclaimer: use your own judgement and of course, speak to your veterinarian if you have questions/concerns.